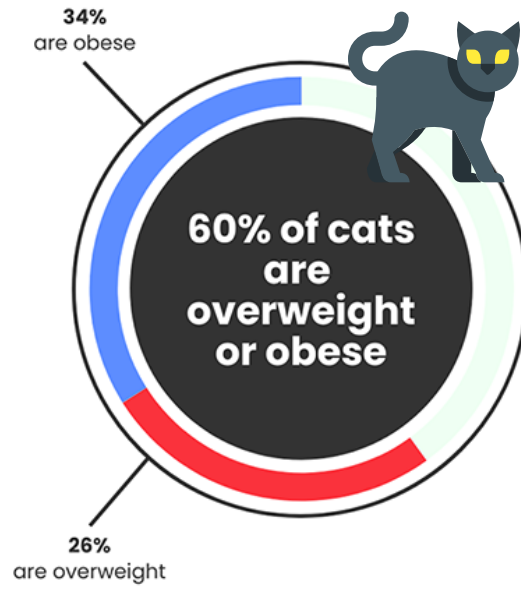
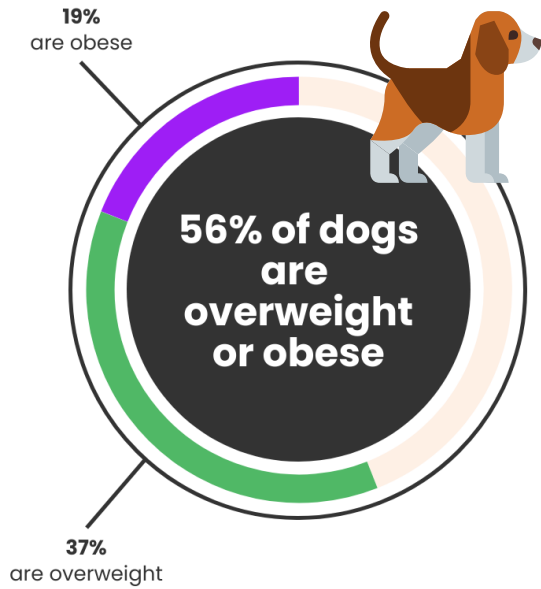


PET OBESITY AWARENESS DAY

According to the Association of Pet Obesity Prevention, nearly **100 million pets** in the United States are either overweight or obese. Learn more about the risks to overweight/obese pets and what you can do to help get your pet back on track to a healthier life.

OVER 50% OF ALL DOGS & CATS ARE OVERWEIGHT OR OBESE



Source: Association of Pet Obesity Prevention Survey (2018)

Obesity can shorten your pet's lifespan and can affect their quality of life. An **unhealthy weight** increases your pet's risk of:

High blood pressure & heart disease

Respiratory or kidney disease

Some forms of cancer

Injury to bones, joints, & muscles

Even moderate weight loss can have a **positive impact on your pet's health & quality of life**. Working with your vet to develop a nutrition & activity plan will help get your pet's weight to a healthy range.

The recommended servings on pet food may not always be right for your pet's daily calorie intake. A veterinarian may suggest **adjusting the amount & frequency of feedings** or making healthy substitutions within their current diet.

Exercise is an important part of keeping your pet within a healthy weight range. Finding activities you can enjoy with your pet and based upon their current physical abilities will benefit the entire family, both **2 and 4-legged!**

Just like humans, **it's those little treats we give our pets that add up each day.** An occasional treat is fine, but when Fido or Fifi is getting treats multiple times of the day from each family member, those calories add up!